Instruction Manual

RSV IgM ELISA

Cat. No.: 07I-516202

Enzyme immunoassay
for the detection and quantitative determination
of human IgM antibodies against Respiratory syncytial virus (RSV)
in serum and plasma

For in-vitro diagnostic use only

Storage: 2-8°C

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MP Biomedicals Germany GmbH
Thüringer Straße 15 · D-37269 Eschwege · Germany
Tel.: +49 5651 921 0 · Fax: +49 5651 921 181
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1. Intended Use

The MP Biomedicals Respiratory Syncytial Virus IgM Antibody ELISA test kit has been designed for the detection and the quantitative determination of specific IgM antibodies against respiratory syncytial virus in serum and plasma. Further applications in other body fluids are possible and can be requested from the Technical Service of MP Biomedicals.

This assay is intended for in-vitro diagnostic use only.

Laboratory results can never be the only base of a medical report. The patient history and further tests have additionally to be taken into account.

2. General Information

Each year during the winter months, RS viruses spread heavily amongst children and infants. There are recurring infection by RS viruses every year. Voluntary studies with adults have demonstrated that a reinfection with RS viruses is possible. The incubation time is 2 - 6 days.

RS viruses are paramyxoviruses with a diameter of 90 - 140 nm. The viruses are extremly instable and their virus envelope makes them ether-sensitive. They can be cultured on human cell lines, expressing characteristic syncytial cells (pseudo giant cells). The diameter of the inner RNA helix is 12 - 15 nm. RS viruses do not possess haemagglutinin.

The most noticeable connection of RSV infections with respiratory infections and specific clinical syndromes was detected in infants up to 6 months of age with bronchiolitis or pneumonia. In older infants or small children the disease is milder. In 25 % of infections of the respiratory tract RSV infections are detectable. As reinfections with RSV are possible, it is assumed that these preinfectious antibodies are responsible for the mild course of the disease in adults, being similar to a cold. However, especially in the early years, serum antibodies are no effective protection against infections of the respiratory tract. Therefore, this pathogen may cause bronchiolitis or, in infants up to 4 months of age, pneumonias.

Based on their antigen relationship, RSV isolates are differentiated into two major groups (A and B). The surface glycoproteins of the virus (G glycoprotein and fusion glycoprotein) cause the production of virus-neutralizing antibodies. Obviously the G glycoproteins of groups A and B are very different, while the F glycoproteins of both groups show a high antigen concurrence.

The complement binding reacitn is unsatisfactory for the serological diagnosis of RSV. Enzyme immunoassays are of diagnostic value for the serological diagnosis of RSV infections, as they are very sensitive and allow the differentiation of antigens into the various immunoglobulin classes. In RSV infections, it is possible that the IgM antibody response is missing or so weak that a reliable interpretation of the results is impossible. The detection of IgG antibodies in a singel sample is no evidence for an acute infection as, in some patient IgA, antibodies may persist months and years. The method recommended for serological testing of acute RSV infections is the determination of IgG antibodies in serum pairs with significant titer rise.

3. Principle of the Test

The MP Biomedicals Respiratory Syncytial Virus IgM antibody test kit is based on the principle of the enzyme immunoassay (EIA). RSV antigen is bound on the surface of the microtiter strips. Diluted patient serum or ready-to-use standards are pipetted into the wells of the microtiter plate. A binding between the IgM antibodies of the serum and the immobilized RSV antigen takes place. After a one hour incubation at room temperature, the plate is rinsed with diluted wash solution, in order to remove unbound material. Then ready-to-use anti-human-IgM peroxidase conjugate is added and incubated for 30 minutes. After a further washing step, the substrate (TMB) solution is pipetted and incubated for 20 minutes, inducing the development of a blue dye in the wells. The color development is terminated by the addition of a stop solution, which changes the color from blue to yellow. The resulting dye is measured spectrophotometrically at the wavelength of 450 nm. The concentration of the IgM antibodies is directly proportional to the intensity of the color.
4. Limitations, Precautions and General Comments

- Only for in-vitro use! Do not ingest or swallow! The usual laboratory safety precautions as well as the prohibition of eating, drinking and smoking in the lab have to be followed.
- All sera and plasma or buffers based upon, have been tested respective to HBsAg, HIV and HCV with recognized methods and were found negative. Nevertheless precautions like the use of latex gloves have to be taken.
- Serum and reagent spills have to be wiped off with a disinfecting solution (e.g. sodium hypochlorite, 5 %) and have to be disposed of properly.
- All reagents have to be brought to room temperature (18 to 25°C) before performing the test.
- Before pipetting all reagents should be mixed thoroughly by gentle tilting or swinging. Vigorous shaking with formation of foam should be avoided.
- It is important to pipet with constant intervals, so that all the wells of the microtiter plate have the same conditions.
- When removing reagents out of the bottles, care has to be taken that the stoppers are not contaminated. Further a possible mix-up has to be avoided. The content of the bottles is usually sensitive to oxidation, so that they should be opened only for a short time.
- In order to avoid a carry-over or a cross-contamination, separate disposable pipet tips have to be used.
- No reagents from different kit lots have to be used, and they should not be mixed with one another.
- All reagents have to be used within the expiry period.
- In accordance with a Good Laboratory Practice (GLP) or following ISO9001 all laboratory devices employed should be regularly checked regarding the accuracy and precision. This refers amongst others to microliter pipets and washing or reading (ELISA-Reader) instrumentation.
- The contact of certain reagents, above all the stopping solution and the substrate with skin, eye and mucosa has to be avoided, because possible irritations and acid burns could arise, and there exists a danger of intoxication.

5. Reagents Provided

Store kit components at 2-8°C and do not use after the expiry date on the box outer label. Before use, all components should be allowed to warm up to ambient temperature (18-25°C). After use, the plate should be resealed, the bottle caps replaced and tightened and the kit stored at 2-8°C. The opened kit should be used within three months.

<table>
<thead>
<tr>
<th>Components</th>
<th>Volume / Quantity</th>
<th>Components</th>
<th>Volume / Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>RSV antigen coated microtiter strips</td>
<td>12</td>
<td>Substrate</td>
<td>15 mL</td>
</tr>
<tr>
<td>Calibrator A (Negative Control)</td>
<td>2 mL</td>
<td>Stop Solution</td>
<td>15 mL</td>
</tr>
<tr>
<td>Calibrator B (Cut-Off Standard)</td>
<td>2 mL</td>
<td>Sample Diluent</td>
<td>60 mL</td>
</tr>
<tr>
<td>Calibrator C (Weak Positive Control)</td>
<td>2 mL</td>
<td>Washing Buffer (10×)</td>
<td>60 mL</td>
</tr>
<tr>
<td>Calibrator D (Positive Control)</td>
<td>2 mL</td>
<td>Plastic foils</td>
<td>2</td>
</tr>
<tr>
<td>Enzyme Conjugate</td>
<td>15 mL</td>
<td>Plastic bag</td>
<td>1</td>
</tr>
</tbody>
</table>

5.1. Mikrotiter Strips
12 strips with 8 breakable wells each, coated with a RSV antigen (purified RSV F+G antigen). Ready-to-use.

5.2. Calibrator A (Negative Control)
2 mL, human serum diluted with PBS, contains no IgM antibodies against RSV. Addition of 0.02% methylisothiazolone and 0.02% bromonitrooxane. Ready-to-use.
5.3. Calibrator B (Cut-Off Standard)
2 mL human serum diluted with PBS, contains a low concentration of IgM antibodies against RSV. Addition of 0.01 % methylisothiazolone and 0.01 % bromonitrodioxane. Ready-to-use.

5.4. Calibrator C (Weak Positive Control)
2 mL, human serum diluted with PBS, contains a medium concentration of IgM antibodies against RSV. Addition of 0.01 % methylisothiazolone and 0.01 % bromonitrodioxane. Ready-to-use.

5.5. Calibrator D (Positive Control)
2 mL, human serum diluted with PBS, contains a high concentration of IgM antibodies against RSV. Addition of 0.01 % methylisothiazolone and 0.01 % bromonitrodioxane. Ready-to-use.

5.6. Enzyme Conjugate
15 mL, anti-human-IgM-HRP, in protein-containing buffer solution. Addition of 0.01 % methylisothiazolone, 0.01 % bromonitrodioxane and 5 mg/L Proclin™. Ready-to-use.

5.7. Substrate
15 mL, TMB (tetramethylbenzidine). Ready-to-use.

5.8. Stop Solution
15 mL, 0.5 M sulfuric acid. Ready-to-use.

5.9. Sample Diluent
60 mL, PBS/BSA buffer. Addition of 0.095 % sodium azide. Ready-to-use.

5.10. Washing Buffer
60 mL, PBS + Tween 20, 10x concentrate. Final concentration: dilute 1+9 with distilled water. If during the cold storage crystals precipitate, the concentrate should be warmed up at 37°C for 15 minutes.

5.11. Plastic Foils
2 pieces to cover the microtiter strips during the incubation.

5.12. Plastic Bag
Resealable, for the dry storage of non-used strips.

6. Materials Required but not Provided
- 5 µL-, 100 µL- and 500 µL micro- and multichannel pipets
- Microtiter plate reader (450 nm)
- Microtiter plate washer
- Reagent tubes for the serum dilution
- Bidistilled water

7. Specimen Collection and Handling
Principally serum or plasma (EDTA, heparin) can be used for the determination. Serum is separated from the blood, which is aseptically drawn by venipuncture, after clotting and centrifugation. The serum or plasma samples can be stored refrigerated (4-8°C) for up to 48 hours, for a longer storage they should be kept at -20°C. The samples should not be frozen and thawed repeatedly. Lipemic, hemolytic or bacterially contaminated samples can cause false positive or false negative results.

For the performance of the test the samples (not the standards) have to be diluted 1:101 with ready-to-use sample diluent (e.g. 5 µL serum + 500 µL sample diluent).
8. Assay Procedure

8.1. Preparation of Reagents

**Washing Solution**: dilute before use 1+9 with distilled water. If during the cold storage crystals precipitate, the concentrate should be warmed up at 37°C for 15 minutes.

- Strict adherence to the protocol is advised for reliable performance. Any changes or modifications are the responsibility of the user.
- All reagents and samples must be brought to room temperature before use, but should not be left at this temperature longer than necessary.
- Standards and samples should be assayed in duplicate.
- A standard curve should be established with each assay.
- Return the unused microtiter strips to the plastic bag and store them dry at 2-8°C.

8.2. Assay Steps

1. Prepare a sufficient amount of microtiter wells for the standards, controls and samples in duplicate as well as for a substrate blank.
2. Pipet 100 µL each of the *diluted* (1:101) samples and the *ready-to-use* standards and controls respectively into the wells. Leave one well empty for the substrate blank.
3. Cover plate with the enclosed foil and incubate at room temperature for 60 minutes.
4. Empty the wells of the plate (dump or aspirate) and add 300 µL of diluted washing solution. This procedure is repeated totally three times. Rests of the washing buffer are afterwards removed by gentle tapping of the microtiter plate on a tissue cloth.
5. Pipet 100 µL each of ready-to-use conjugate into the wells. Leave one well empty for the substrate blank.
6. Cover plate with the enclosed foil and incubate at room temperature for 30 minutes.
7. Empty the wells of the plate (dump or aspirate) and add 300 µL of diluted washing solution. This procedure is repeated totally three times. Rests of the washing buffer are afterwards removed by gentle tapping of the microtiter plate on a tissue cloth.
8. Pipet 100 µL each of the ready-to-use substrate into the wells. This time also the substrate blank is pipetted.
9. Cover plate with the enclosed foil and incubate at room temperature for 20 minutes in the dark (e.g. drawer).
10. To terminate the substrate reaction, pipet 100 µL each of the ready-to-use stop solution into the wells. Pipet also the substrate blank.
11. After thorough mixing and wiping the bottom of the plate, perform the reading of the absorption at 450 nm (optionally reference wavelength of 620 nm). The color is stable for at least 60 minutes.

9. Evaluation

The mean values for the measured absorptions are calculated after subtraction of the substrate blank value. The difference between the single values should not exceed 10 %.

**Example**

<table>
<thead>
<tr>
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<th>OD value</th>
<th>Corrected OD value</th>
<th>Mean OD value</th>
</tr>
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<tbody>
<tr>
<td>Substrate Blank</td>
<td>0.016</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Negative Control</td>
<td>0.018 / 0.018</td>
<td>0.002 / 0.002</td>
<td>0.002</td>
</tr>
<tr>
<td>Cut-Off Standard</td>
<td>0.566 / 0.584</td>
<td>0.550 / 0.568</td>
<td>0.559</td>
</tr>
<tr>
<td>Weak Positive Control</td>
<td>0.762 / 0.814</td>
<td>0.746 / 0.798</td>
<td>0.772</td>
</tr>
<tr>
<td>Positive Control</td>
<td>2.134 / 2.038</td>
<td>2.118 / 2.022</td>
<td>2.070</td>
</tr>
</tbody>
</table>
The above table contains only an example, which was achieved under arbitrary temperature and environmental conditions. The described data constitute consequently no reference values which have to be found in other laboratories in the same way.

9.1. Qualitative Evaluation

The calculated absorptions for the patient sera, as mentioned above, are compared with the value for the cut-off standard. If the value of the sample is higher, there is a positive result. For a value below the cut-off standard, there is a negative result. It seems reasonable to define a range of +/- 20% around the value of the Cut-Off as a grey zone. In such a case the repetition of the test with the same serum or with a new sample of the same patient, taken after 2-4 weeks, is recommended. Both samples should be measured in parallel in the same run.

The positive control must show at least the double absorption compared with the cut-off standard.

9.2. Quantitative Evaluation

The ready-to-use standards and controls of the Respiratory syncytial virus antibody kit are defined and expressed in arbitrary units (U/mL). This results in an exact and reproducible quantitative evaluation. Consequently for a given patient follow-up controls become possible. The values for controls and standards in units are printed on the labels of the vials.

For a quantitative evaluation the absorptions of the standards and controls are graphically drawn against their concentrations. From the resulting reference curve the concentration values for each patient sample can then be extracted in relation to their absorptions. It is also possible to use automatic computer programs.

10. Assay Performance

<table>
<thead>
<tr>
<th>Intra-Assay-Precision</th>
<th>10.1 %</th>
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<tr>
<td>Inter-Assay-Precision</td>
<td>6.8 %</td>
</tr>
<tr>
<td>Inter-Lot-Precision</td>
<td>1.0 – 8.7 %</td>
</tr>
<tr>
<td>Analytical Sensitivity</td>
<td>1.70 U/mL</td>
</tr>
<tr>
<td>Recovery</td>
<td>89 – 104 %</td>
</tr>
<tr>
<td>Linearity</td>
<td>83 – 121 %</td>
</tr>
<tr>
<td>Cross-Reactivity</td>
<td>No cross-reactivity to Influenza A, Parainfluenza 1/2/3 and Adenovirus.</td>
</tr>
<tr>
<td>Interferences</td>
<td>No interferences to bilirubin up to 0.3 mg/mL, hemoglobin up to 8.0 mg/mL and triglycerides up to 5.0 mg/mL</td>
</tr>
<tr>
<td>Clinical Specificity</td>
<td>100 %</td>
</tr>
<tr>
<td>Clinical Sensitivity</td>
<td>100 %</td>
</tr>
</tbody>
</table>

11. References